

Direct Link: https://www.AcademicKeys.com/r?job=246048
Downloaded On: Oct. 5, 2024 3:19am
Posted Sep. 30, 2024, set to expire Oct. 23, 2024

Job Title Instructional Technician-Strength & Conditioning

Department

Institution West Valley-Mission Community College District

Saratoga, California

Date Posted Sep. 30, 2024

Application Deadline 10/23/2024

Position Start Date Available immediately

Job Categories Professional Staff

Academic Field(s) Athletics and Recreation Services

Apply Online Here https://apptrkr.com/5679783

Apply By Email

Job Description

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Instructional Technician-Strength & Conditioning

Closing Date: 10/23/2024

Definition:

The Athletics department is seeking a talented individual to fill the position of Instructional Technician-Strength & Conditioning.

Comprised of two colleges, West Valley College and Mission College, we are located in the heart of



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Silicon Valley. Our staff and faculty are among the most qualified in the state and our students appreciate our two colleges for our friendly staff and supportive atmosphere.

Under direction of an assigned manager, the selected candidates primary responsibility will be to establish and maintain strength and conditioning programs for all sports; to improve athletic performance, reduce athletic injuries, and teach lifelong fitness and movement skills; to devise training plans based on sound scientific principles; to supervise training sessions, evaluate athletes, and maintain athlete records; to collaborate with sport coaches, faculty, and sports medicine staff; and to ensure the safe and professional operation of the strength and conditioning facility.

Applicants who possess the knowledge, skills, and life experiences to address the cultural and educational needs of a culturally diverse student population are encouraged to apply.

Assignment:

100% of full-time, 37.5 hours per week, 12 months per year, with anticipated start date of January 2025. Work schedule may change to include some evening or weekend hours as needed. This position is represented by the West Valley-Mission Classified Employees Association (WVMCEA), Office, Technical & Business Services Employee Unit.

Work location: West Valley College, Saratoga, CA with possible assignments at Mission College in Santa Clara. CA

Salary and Benefits:

Anticipated Hiring Range:

\$6,277.25 - \$6,830.17 monthly (WVMCEA Salary Schedule, Range 56, Steps A-C).

Benefits include:

• Employer-contributed medical, dental and vision for employee, spouse, and/or dependents.



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- Employer-paid long term disability for employee.
- Employer-provided life insurance.
- 14 paid holidays, plus 1 floating holiday annually; paid non-workdays between Christmas and New Year.
- 12 days vacation leave accrued annually; rate increases step-wise up to maximum 22 days vacation leave accrued annually.
- 12 days sick leave accrued annually.
- Personal necessity leave and personal business leave.
- Educational growth incentive program from \$45 to \$225 monthly.
- \$1000 longevity award annually after 10 years of service and \$1,500 longevity award annually after 15 years of service.
- CalPERS retirement.
- Position is union affiliated.

Minimum Qualifications:

Any combination of experience and education that would provide the required knowledge and abilities is qualifying. A typical way to obtain the required knowledge and abilities would be:

- 1. Experience: Two years of responsible experience in a weight room or fitness studio.
- 2. Education: Equivalent to an Associates degree from an accredited college with major coursework in Kinesiology or a related field.
- 3. License and Certificate
- Possession of, or ability to obtain a valid CSCS or NASM certification.
- Possession of, or ability to obtain a valid CPR certification.

AND

Understanding of, and sensitivity to the diverse academic, socio-economic, ethnic, religious and cultural backgrounds, disability, and sexual orientation of community college students, faculty and staff.



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Examples of Duties and Responsibilities:

Duties may include, but are not limited to, the following:

- Prepare materials, set up, and disassemble the weight room according to prescribed schedule.
- Prepare and customize strength and conditioning programs specifically related to a sport.
- Set up, operate, and demonstrate the use of specialized strength training equipment.
- Organize equipment, devices and apparatus in the weight room for ease of location and use; apply appropriate labeling. Maintain a clean, neat, and safe weight room.
- Communicate with faculty regarding operations, procedures, and equipment.
- Maintain appropriate inventory of supplies and equipment; procure quotes for new equipment and supplies; track and monitor equipment checkout; issue and distribute instructional materials for faculty and student use in weight room.
- Repair minor defects in equipment; coordinate major equipment repairs with Athletics Operations Technician and external vendors.
- Research new equipment and latest strength and conditioning trends in fitness/athletics industry.
- Build and maintain positive working relationships with co-workers, other district employees, students, and the public using principles of good customer service.
- Foster an environment that embraces diversity, integrity, trust, and respect.
- Be an integral team player, which involves flexibility, cooperation, and communication.
- · Perform related duties as assigned

For more information on this position and to apply, please visit our website at the following link: wwm.peopleadmin.com

Applicants who, due to a disability, require accommodations to complete the application, testing or interview process, please contact Human Resources at (408) 741-2174 to arrange for assistance.

West Valley-Mission Community College District is an Equal Opportunity Employer.



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Contact Information

Please reference Academickeys in your cover letter when applying for or inquiring about this job announcement.

Contact

N/A

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