

Pilates Instructor (4128U), Recreation & Wellbeing -
60353
University of California, Berkeley

Direct Link: <https://www.AcademicKeys.com/r?job=244688>

Downloaded On: Sep. 13, 2024 6:26pm

Posted Sep. 11, 2024, set to expire Jan. 8, 2025

Job Title	Pilates Instructor (4128U), Recreation & Wellbeing - 60353
Department	
Institution	University of California, Berkeley Berkeley, California
Date Posted	Sep. 11, 2024
Application Deadline	Open until filled
Position Start Date	Available immediately
Job Categories	Classified Staff
Academic Field(s)	Athletics and Recreation Services
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Job Description

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Pilates Instructor (4128U), Recreation & Wellbeing - 60353

About Berkeley

At the University of California, Berkeley, we are committed to creating a community that fosters equity of experience and opportunity, and ensures that students, faculty, and staff of all backgrounds feel safe, welcome and included. Our culture of openness, freedom and belonging make it a special place for students, faculty and staff.

The University of California, Berkeley, is one of the world's leading institutions of higher education, distinguished by its combination of internationally recognized academic and research excellence; the

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transformative opportunity it provides to a large and diverse student body; its public mission and commitment to equity and social justice; and its roots in the California experience, animated by such values as innovation, questioning the status quo, and respect for the environment and nature. Since its founding in 1868, Berkeley has fueled a perpetual renaissance, generating unparalleled intellectual, economic and social value in California, the United States and the world.

We are looking for equity-minded applicants who represent the full diversity of California and who demonstrate a sensitivity to and understanding of the diverse academic, socioeconomic, cultural, disability, gender identity, sexual orientation, and ethnic backgrounds present in our community. When you join the team at Berkeley, you can expect to be part of an inclusive, innovative and equity-focused community that approaches higher education as a matter of social justice that requires broad collaboration among faculty, staff, students and community partners. In deciding whether to apply for a position at Berkeley, you are strongly encouraged to consider whether your values align with our [Guiding Values and Principles](#), our [Principles of Community](#), and our [Strategic Plan](#).

At UC Berkeley, we believe that learning is a fundamental part of working, and our goal is for everyone on the Berkeley campus to feel supported and equipped to realize their full potential. We actively support this by providing all of our staff employees with at least 80 hours (10 days) of paid time per year to engage in professional development activities. To find out more about how you can grow your career at UC Berkeley, visit grow.berkeley.edu.

Departmental Overview

The Department of Recreation & Wellbeing provides competitive and recreational opportunities for students, faculty, staff and campus affiliated community members. In addition to the 30 sports clubs, the department offers a wide range of recreational activities and state of the art equipment.

Application Review Date

The First Review Date for this job is: October 27, 2023

Responsibilities

- Provides advanced or specialized activity instruction to program participants, individually or in groups. Pilates Reformer Trainers provide sessions at the RSF.
- Pilates Reformer Trainers will work with students, faculty/staff and will need to program the correct modifications for their clients and appropriate progressions and regressions of exercises.
- Pilates Reformer Trainers must be able to work in a busy environment and adapt workout

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routines from available equipment and resources.

- Maintains a welcoming and supportive environment for program participants and facilitates participation.
- Pilates Reformer Trainers conduct energizing, fun, safe sessions for all fitness levels and encourage and motivate their clients.
- Answers questions from participants to support them in achieving their healthy living and wellness goals.
- Builds effective, authentic relationships with members, facilitates others to connect with one another, and to the Berkeley Rec Sports community.
- Interacts with recreational program participants in a positive and professional manner.
- Responsible for ensuring that Pilates reformer fitness spaces provide a safe environment including the condition and proper storage of all equipment used during training sessions. Instruct clients on correct equipment usage and body mechanics.
- Updates availability in Mindbody scheduling software system, providing weekly availability for clients to schedule appointments.
- Tracks client progress and personal administrative records (time keeping, internal communications, client records, etc.).
- Maintains required professional's certifications including CPR/AED. Keeps current on teaching methods, techniques, and skills through continuing education.
- Participates in required professional development activities.

Required Qualifications

- Has advanced knowledge of program activity practices and procedures.
- Verbal and written communication skills in the English language, active listening, critical thinking, multitasking, time management skills, and dynamic flexibility in adapting to the needs of clients.
- Ability to exercise independent sound judgement and employ reasoning skills.
- Client service minded. entrepreneurial spirit and creative thinking skills.
- Basic skills in computer programs relevant to job duties.
- Knowledge of campus policies and procedures.
- Must be able to work effectively, across all organizational levels, internally and externally.
- Previous experience with instruction of Pilates reformer fitness and recreation programs.
- Working knowledge of program activity practices and require procedures.
- High school diploma and/or equivalent certification/experience/training.

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Licenses/Certifications:

- Certified Group Fitness Instructor.
- Pilates Reformer and apparatus Certification

Preferred Qualifications

- Standard First Aid Training Certification.
- Standard First Aid Training & AED Certification.

Salary & Benefits

For information on the comprehensive benefits package offered by the University, please visit the University of California's [Compensation & Benefits](#) website.

Under California law, the University of California, Berkeley is required to provide a reasonable estimate of the compensation range for this role and should not offer a salary outside of the range posted in this job announcement. This range takes into account the wide range of factors that are considered in making compensation decisions including but not limited to experience, skills, knowledge, abilities, education, licensure and certifications, analysis of internal equity, and other business and organizational needs. It is not typical for an individual to be offered a salary at or near the top of the range for a position. Salary offers are determined based on final candidate qualifications and experience.

The budgeted salary or hourly range that the University reasonably expects to pay for this position is \$18.07 - \$75.00.

- This is a 12-month, 20%, part-time (8 hours per week), contract position that not eligible for UC benefits.
- This position is non-exempt and bi-weekly.

How to Apply

To apply, please submit your resume and cover letter.

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Conviction History Background

This is a designated position requiring fingerprinting and a background check due to the nature of the job responsibilities. Berkeley does hire people with conviction histories and reviews information received in the context of the job responsibilities. The University reserves the right to make employment contingent upon successful completion of the background check.

Mandated Reporter

This position has been identified as a Mandated Reporter required to report the observed or suspected abuse or neglect of children, dependent adults, or elders to designated law enforcement or social service agencies. We reserve the right to make employment contingent upon completion of signed statements acknowledging the responsibilities of a Mandated Reporter.

Equal Employment Opportunity

The University of California is an Equal Opportunity/Affirmative Action Employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, disability, or protected veteran status. For more information about your rights as an applicant, please see [the U.S. Equal Employment Opportunity Commission](#) poster.

For the complete University of California nondiscrimination and affirmative action policy, please see the University of California [Discrimination, Harassment, and Affirmative Action in the Workplace](#) policy.

To apply, visit

https://careerspub.universityofcalifornia.edu/psc/ucb/EMPLOYEE/HRMS/c/HRS_HRAM_FL.HRS.CG_S



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Contact Information

Please reference Academickeys in your cover letter when applying for or inquiring about this job announcement.

Contact

N/A

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