

Student Wellness Advisor Tufts University

Direct Link: <https://www.AcademicKeys.com/r?job=228934>

Downloaded On: Jun. 30, 2024 10:19am

Posted Jan. 16, 2024, set to expire Dec. 31, 2024

Job Title	Student Wellness Advisor
Department	
Institution	Tufts University Medford, Massachusetts
Date Posted	Jan. 16, 2024
Application Deadline	Open until filled
Position Start Date	Available immediately
Job Categories	Classified Staff
Academic Field(s)	Student Services
Job Website	https://jobs.tufts.edu/jobs/19997?lang=en-us&iis=Job+Board&iisn=AcademicKeys
Apply By Email	
Job Description	

Overview

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The Office of Student Wellness (OSW) provides integrated wellness programs, services, and resources to the Boston Health Sciences students at Tufts University. The Student Wellness team works with all students to offer practical approaches to manage everyday stressors and life challenges. OSW provides confidential and private advice for personal challenges and makes referrals for therapy/psychiatric care as needed for students who may need support for depression, anxiety, or other mental health concerns. The Office of Student Wellness offers wellness opportunities that are inclusive and promotes a culture that supports the personal development and academic successes of all students. These wellness opportunities aim to foster and support the mental, physical, and emotional health of students. Prevention is the cornerstone for maintaining optimal health and is part of OSW's holistic approach to health and wellness. The Student Wellness team is made up of a trained and experienced staff that provides advice to students, and designs and implements evidence-based wellness promotion programs to improve overall health, wellness, and academic performance for all health sciences students.

What You'll Do

The Student Wellness Advisor is trained and experienced in designing and implementing evidence-based and cost-effective health promotions and wellness opportunities to improve the overall well-being of the students on the Health Sciences Campus.

- Promotes, maintains, and improves individual and community members' health by assisting students and groups to adopt healthy behavior
- Collects and analyzes data to identify needs prior to planning, implementing, and evaluating programs designed to encourage healthy lifestyles
- Develops and presents health education and wellness programs, such as training workshops, and community presentations
- Designs, develops, and conducts evaluations and diagnostic studies to assess the quality and effectiveness of wellness activities
- Other major functions include overseeing social media including Instagram.
- Demonstrated ability to supervise, train and evaluate the work of others
- Provide advice to students regarding strategies to maintain general well-being during their tenure as professional and graduate student
- Provide general, non-therapeutic advice to help students navigate personal and challenging issues that negatively impact their day-to-day functioning and academic pursuits
- Refer students when necessary to a psychiatrist/therapist within the community
- Develop and maintain a referral network of therapists and psychiatrists in the greater Boston area as well as throughout the US
- Develop preventative programs (in-person and online) to decrease the frequency of burnout while enhancing the mental health and wellness of the student being served
- Assist with the planning and participate in new student orientation programs
- Serve on Student Affairs wellness support committees for the individual schools on the Boston Health Sciences campus as necessary

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- Assist with the management of all large-scale wellness events hosted by OSW such as Wellness Week, Stress Less Week and Winter Recharge
- Perform other duties as assigned
- Flexibility to work evenings and weekends and to adjust work assignments according to programmatic and departmental needs. Occasional evening and weekend coverage may be required
- Office Management:
 - Provide information and assistance to students and visitors to the Office of Student Wellness
 - Schedule student wellness advising appointments when needed

What We're Looking For

Basic Requirements:

- Master's degree in counseling, social work, higher education, or related field from an accredited institution required + Minimum of three year of full-time professional experience in student well-being advising, health promotions environment or related college student affairs experience or a combination of education and experience **OR**
- Bachelor's degree + Minimum of five years of experience in wellness or related field
- Demonstrated experience with, and sensitivity to, individuals of diverse cultural background and a commitment to a diverse community
- Ability to work collaboratively in a team environment
- Excellent verbal and written communication skills
- Excellent presentation skills
- Knowledge with advanced Microsoft Office applications, particularly Word, Excel, PowerPoint, data management and digital systems

Preferred Qualifications:

- Experience performing detailed work in a university environment would be helpful
- Ability to work in a multicultural environment and the ability to foster cultural, racial, gender equality on a personnel and programmatic level
- Ability to multitask with attention to detail and ability to maintain accuracy of data and maintain focus
- Ability to always maintain professionalism and to use sensitivity in dealing with personal and confidential information



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Pay Range

Minimum \$57,900.00, Midpoint \$72,450.00, Maximum \$87,000.00

Salary is based on related experience, expertise, and internal equity; generally, new hires can expect pay between the minimum and midpoint of the range.

Contact Information

Please reference Academickeys in your cover letter when applying for or inquiring about this job announcement.

Contact

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