

Fitness and Wellness Intern
Embry-Riddle Aeronautical University

Direct Link: <https://www.AcademicKeys.com/r?job=131248>

Downloaded On: Dec. 14, 2019 11:42pm

Posted Oct. 10, 2019, set to expire Feb. 9, 2020

Job Title Fitness and Wellness Intern

Department

Institution Embry-Riddle Aeronautical University
Daytona Beach, Florida

Date Posted Oct. 10, 2019

Application Open until filled

Deadline

Position Start Available immediately

Date

Job Categories Student Aide/Worker

Academic Field(s) Athletics and Recreation Services

Apply Online Here <https://embryriddle.taleo.net/careersection/002/jobdetail.ftl?job=190628>

Apply By Email

Job Description

Embry-Riddle Aeronautical University is the world's largest, fully accredited university specializing in aviation and aerospace.

Our 185-acre eastern campus is located in Daytona Beach, Florida, home to NASCAR's Daytona 500 and "The World's Most Famous Beach." With year-round mild temperatures and more than 229 days of sunshine a year, it's a top vacation destination and an ideal place to live, study, and fly. The campus serves a diverse student body of approximately 5,700 undergrads and 600 graduate students from 50 states and nearly 100 countries.

We are looking for a dynamic individual seeking an internship in the area of fitness and wellness.

Details and Benefits

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Position from January 2020 through May 2020

Intern will be compensated at a rate of \$1,450 per month to offset their living expenses during this internship.

In addition, this internship provides a University meal plan.

Fitness and Wellness Intern

The Fitness and Wellness Intern position offers a unique experience of working hands-on in all aspects of Fitness in a way that most major universities cannot offer. The incumbent will be involved in all phases of programming and administration, as well as daily management and promotion of such programs including group exercise, personal training, special events, and wellness programming.

Specific duties and responsibilities include but are not limited to:

Assist in the development, execution and evaluation of new and recurring programs offered in the areas of group fitness, personal training, wellness, incentives and aquatics.

Promote student employee success through the recruitment, supervision and training of the fitness area staff, group fitness instructors and personal trainers.

Contribute to the development and presentation of monthly educational in-services for student staff. Teach group exercise classes, conduct fitness assessments, and train personal training clients as needed.

Aid in the coordination of any fitness or aquatics special events

Drive the growth of our social media presence and other marketing initiatives.

Assist with tracking facility utilization and any other tasks as needed.

This position is 40 hours per week with hours from approximately 11am to 7pm Monday through Friday. There are occasional weekends and evenings depending on events and trainings.

There are opportunities with assistance in funding for professional development such as NIRSA conferences.

Qualifications

Required Qualifications

Bachelor's Degree or three (3) or more years of study in an exercise science degree program

Hold one or more current and nationally recognized group fitness certifications and/or personal training certifications

Excellent organizational and time management skills

Exceptional communication skills

Proficiency in Microsoft Office and social media outlets

Our ideal candidate would be a self-starter, capable of working independently to create solutions and self-manage tasks.



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To apply:

Submit a resume, cover letter, and three recommendation letters that speak to your skills as an Intern.

Contact Information

Please reference Academickeys in your cover letter when applying for or inquiring about this job announcement.

Contact

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